



BOTSWANA COLLEGE OF DISTANCE AND OPEN LEARNING

BACHELOR OF EDUCATION – PRIMARY & IECD

LIFE CRISIS IN CHILDHOOD

CC 211

SESSIONAL EXAMINATION

MARKS: 100

DURATION: 3HOURS

Instructions to students:

1. The examination paper consists of **FIVE** sections: A, B, C, D and E.
2. Begin each answer to a **new section** on a new page
3. Answer all the questions according to instructions given in each section
4. Write in grammatical English
5. Complete all details as required by the answer booklet.

SECTION A - MULTIPLE- CHOICE

(10 Marks)

Instructions:

There are 10 questions in this section please answer them all. Each item has four possible responses numbered A, B, C and D. Read each item carefully then write the best possible answer in the answer booklet.

1. Which one among the following steps should be the first to be considered at the initial stage of crisis intervention?
 - A. Examining the dimension of the problem.
 - B. Psychological contact.
 - C. Follow up.
 - D. Action plan implementation.

2. Why are teachers singled out as the most well placed resources in crisis intervention at school level?
 - A. It is their core mandate.
 - B. They are crisis intervention specialists.
 - C. Teaching is social work.
 - D. Because of their continued contact with children.

3. One of the following is a technique of crisis intervention that calls for an intervener to recommend that the person facing crisis be placed in a safe place like a hospital or foster home.
 - A. Cognitive restoration
 - B. Psychological contact
 - C. Environmental modification
 - D. Follow up.

- 4.** Primary school going children who may find it difficult complete work and stay on a task may be mainly due to,
- A.** Stubbornness
 - B.** Behavioral disorders
 - C.** Fear of failure
 - D.** Low self-esteem.
- 5.** The following is considered a common cause for children to play truancy in Botswana.
- A.** Parental indifference toward school.
 - B.** Nonpayment of school fees.
 - C.** Practical subjects.
 - D.** Outdoor teaching.
- 6.** At which stage in crisis intervention may the issue of confidentiality be compromised between the intervener and the child in crisis?
- A.** Providing report for sharing with other staff members.
 - B.** Child's life is in real danger.
 - C.** To put child on the spot.
 - D.** To punish the child.
- 7.** Which among the following are main categories of crisis?
- A.** Rape and divorce.
 - B.** Alcohol and drugs.
 - C.** Situational and developmental.
 - D.** Psychological first aid and therapy

- 8.** The primary task of crisis intervention is to:
- A.** Make the problem disappear.
 - B.** Build stronger relationship.
 - C.** To get the child back into the school system.
 - D.** To guide a person through a series of problem solving steps.
- 9.** Why is it necessary for a crisis intervener to demonstrate good interpersonal skills at the beginning of crisis intervention process?
- A.** To build a positive relationship.
 - B.** To stamp his authority over the matter.
 - C.** To demonstrate his life crisis intervention skills.
 - D.** To show the child that he got all answers to the problem.
- 10.** Which of the following are physical indicators to child drug abuse?
- A.** Mood swings.
 - B.** Erratic sleeping/eating habits.
 - C.** Furtive behavior to friends.
 - D.** Trembling hands, dizziness, poor body coordination.

SECTION B – MATCHING (10 Marks)

Answer ALL questions in this section

Instruction:

Match the concepts in Column A to the descriptions that best describes them in Column B.

Column A	Column B
Concepts	Descriptions
A. Addiction	1. Staying away from school without permission
B. Denial	2. A physical expression of understanding and caring.
C. Development	3. Admitting to limitations and working within limits.
D. Follow up	4. In contact with a person at a later time.
E. Genuineness	5. Series of stages characterized by certain tasks.
F. Homelessness	6. Unpredictable events
G. Situational crises	7. Exerting strength on the less powerful
H. Truant	8. Periodic and chronic intoxication.
I. Violence	9. False and unrealistic expectation
J. Warmth	10. Runaways

SECTION C – STRUCTURED

Answer ALL questions in this section

1. Identify key goal commonly shared between education and crisis intervention. **(2marks)**
2. Explain the difference between psychological first aid and crisis therapy. **(4marks)**
3. Explain empathy as a cornerstone of a positive relationship. **(3marks)**
4. Identify the importance of a reflective skill. **(2marks)**
5. List any three (3) disruptive behavior disorders. **(3marks)**
6. Provide any three (3) symptoms of a child with attention deficit and hyperactivity disorder. **(3marks)**
7. Explain three (3) characteristics of delinquent children. **(3marks)**

SECTION D: CASE STUDY (20)

Answer ALL questions in this section

Gaone is a standard seven, twelve year old child. She has been doing very well in her studies until recently when her performance levels started to decline drastically. Besides her declining performances, she has appeared withdrawn from most school activities even those she used to be very passionate about such as playing chess. She is always isolated from her peers and is no longer interested in playing with them. She does not want to participate in any physical activity and appears to be always tired.

Questions.

1. As Gaone's class teacher what will be your immediate impression about Gaone's sudden change in behavioural patterns? **(2marks)**
2. Provide two (2) reasons for the answer given. **(2marks)**
3. Why is it important for abused children to get crisis intervention immediately? **(3marks)**
4. Explain what is meant by sexual abuse. **(2marks)**
5. Provide any three (3) examples of body postures that may be displayed by children who are victims of abuse. **(3marks)**
6. Briefly discuss any two (2) negative impacts of sexual abuse on the child's development. **(4marks)**
7. List four (4) non-governmental organizations that advocate for the rights of sexually abused children in Botswana. **(4marks)**

SECTION E - ESSAY (40) 20 marks each

This section contains 3 essays. Answer any 2 questions of your choice in this section.

1. Discuss with relevant examples, four (4) possible ways crisis events may be associated with developmental stages.
2. Describe four (4) steps to be followed by an intervener when providing psychological first aid during crisis intervention.
3. Analyse any four (4) functional problems associated with disruptive behavior disorders commonly associated with young children.